



DEPARTMENT OF ANAESTHESIA AND ACUTE PAIN MEDICINE

Friday March 12th, 2021

ST VINCENTS HOSPITAL MELBOURNE

Where Sports and Fitness meet Anaesthesia



DATE

Friday, 12th March, 2021
at 13.30



VENUE

Jim Stynes Room,
Melbourne Cricket Ground,
enter via Gate 3



DINNER

Lindsay Hassett Room,
MCG, immediately adjacent
to conference area



REGISTRATION

Online at:
www.trybooking.com/BMKZF

March Meeting and Workshops

What are the considerations when anaesthetising the elite athlete or bodybuilder? Does pre-operative fitness determine outcome after major surgery? What's the big deal with head injury and contact sports? These are some of the questions that we will explore in detail at our March Meeting and Workshops, to be held at the MCG on March 12 2021.

There are a variety of registration options, including the ability to stay on afterward for dinner and drinks in the celebrated Lindsay Hassett room.

As always there will be ANZCA-accredited Emergency Response Workshops, with all registrants able to complete one of the Cardiac Arrest or Can't Intubate Can't Oxygenate sessions. There will be the opportunity to participate in a multidisciplinary interactive session on Fitness and Outcome after Major Surgery, or take a guided tour of the MCC.



EMERGENCY RESPONSE WORKSHOPS

All registrants will have the opportunity to participate in one Emergency Response Workshop: Can't Intubate/Can't Oxygenate (CICO) or Cardiac Arrest. Both workshops are accredited to meet the ANZCA Emergency Response standard. Registrants can select their Emergency Response Workshop at the time of registration. All Anaesthetists, Anaesthetic Trainees and Anaesthetic Nurses are invited to attend.

Both workshops will be held in conference rooms at the MCC adjacent to the lecture session. The workshops will have different content to previous years, and have been designed to be of interest to those who have attended our workshops in the past.

PROGRAM

12.30 – 13.30 – Registration with trade

13.30 – 15.30 – Session 1 - Lecture Session

Dr Andrew Jowett –

Concussion, Cognition, Anaesthesia and Surgery

Associate Professor Andre La Gerche –

Extreme physiology and the endurance athlete- Implications for Anaesthesia

Dr Greg Emery–

A rough guide to anaesthetising the elite bodybuilder and sportsperson

15.30 – 16.00 – Afternoon Tea

16.00 – 19.00 – Session 2 – Emergency Response Workshops, interactive lecture session or guided MCC tour

19.00 – 21.00 – Dinner in the Lindsay Hassett room with guest speaker

SPEAKERS

Dr Andrew Jowett is a Sports and Exercise Physician, and is Clinic Director at Olympic Park Sports Medicine Centre. He has been a team doctor for the Hawthorn and Collingwood football clubs, and his areas of expertise include concussion management, as well as musculoskeletal pain and compartment syndrome.

Associate Professor Andre La Gerche is Head of Sports Cardiology at the Baker Institute and the Director of the National Center for Sports Cardiology. He is interested in the interaction between exercise and heart function and has developed novel echocardiographic and MRI methodologies for assessment of the right ventricle and pulmonary circulation during exercise. He runs an international prospective longitudinal study looking at the evolution of exercise-induced cardiac remodelling amongst elite endurance athletes.

Dr Greg Emery is a busy anaesthetist, working in private practice and at St Vincent's Hospital Melbourne. His areas of expertise include anaesthesia for thoracic surgery, neurosurgery and major orthopaedic surgery, as well providing advice and testing for patients with suspected intraoperative anaphylaxis.

Dr Mark Shulman is an anaesthetist at the Alfred Hospital. His areas of clinical expertise include cardiac anaesthesia and perioperative medicine, and his research interests are in preoperative functional assessment, and disability-free survival after major surgery.

Associate Professor Brendan Silbert is an expert in perioperative neuro-cognitive disorders. Brendan and Mark will be part of an interactive lecture session taking a detailed look at pre-operative fitness and outcome after major surgery.

REGISTRATION OPTIONS

Option 1 – 13.30-21.00 main lecture session, workshop, dinner and 1 of interactive lecture session or MCC tour

Option 2 – 13.30-19.00 main lecture session, workshop and 1 of interactive lecture session or MCC tour

ONLINE REGISTRATION – www.trybooking.com/BMKZF with a first come first service system for session choice

Closing date: March 5 2021

Medical Registration fees: **Option 1 – \$467.50 | Option 2 – \$319**

Nursing Registration fees: **Option 1 – \$324.50 | Option 2 – \$176**

All prices include GST

ANZCA CPD Category "Knowledge and Skills"

Lectures/Presentations **1 Credit per hour**

Workshops/PBLD/Group Discussions **2 Credits per hour**

For more Information: Ms Dee Henriss | Department of Anaesthesia & Acute Pain Medicine | St. Vincent's Hospital Melbourne

Email: dee.henriss@svha.org.au | Tel +61(03) 9231 4253 | Meeting Convenors – Gabe Snyder and Des McGlade

Updated information at www.anaesthesia.org.au